

The Sallygate School RESOURCES



The Sallygate Family Toolkit

Seasonal Activity Cards

52 Nature Activities for Every Season

"Simple adventures. Big learning." Each card contains:

-  Activity
-  Why it matters
-  Conversation starters
-  Skills developed
-  Sallygate Challenge

SPRING

Card 1 – Signs of Spring

Activity

Go for a walk and find:

- A flower beginning to bloom
- New leaves
- A bee
- A bird building a nest
- Blossom on a tree

Take a photo or draw what you find.

Why it matters

Spring helps children notice change, develop observation skills and build curiosity about the natural world.

Talk together

- What has changed since winter?
- Why do plants begin to grow?
- Which sign of spring surprised you?

Skills developed

- Observation
- Vocabulary
- Scientific thinking
- Curiosity

Sallygate Challenge

Can you find five different shades of green?

Card 2 – Plant Something Together

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Activity

Plant seeds in the garden, a pot or a window box.

Watch them grow over the coming weeks.

Why it matters

Growing plants teaches patience, responsibility and the importance of caring for living things.

Talk together

- What does a plant need to grow?
- What happens if we forget to water it?
- What helps people grow?

Skills developed

- Responsibility
- Patience
- Caring
- Science

Sallygate Challenge Measure your plant every week.

Card 3 – Mini Beast Safari Can you find:

 Ladybird

 Bee

 Spider

 Snail

 Caterpillar

Remember...

Look carefully.

Observe.

Then leave them exactly where you found them.

SUMMER

 **Card 4 – Cloud Detective** Lie on the grass together. Watch the clouds.

Can you spot...

- ☐ An animal
- ☐ A dragon
- ☐ A boat
- ☐ A face
- ☐ Something completely different

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Ask

What does your cloud remind you of? There are no wrong answers.



Card 5 – Build a Den

Use sticks, blankets or natural materials. **The challenge**

Can everyone fit inside?

What did you use? What worked best?

What would you change next time? **Skills**

- Teamwork
- Planning
- Creativity
- Problem-solving



Card 6 – Sunset Adventure

Watch the sun go down.

Don't rush.

Simply notice.

Talk about

What was your favourite part of today?



AUTUMN



Card 7 – Leaf Detective

Collect five different leaves.

Sort them by:

- Size
- Colour
- Shape

Challenge

Can you identify which tree they came from?



Card 8 – Woodland Colours

Find something that's:



Red



Orange



Yellow



Green



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 Brown

Talk together

Why do leaves change colour?



Card 9 – Nature Art

Collect natural objects.

Create a picture on the ground.

Take a photograph.

Leave nature where you found it.



WINTER



Card 10 – Bird Café

Make a simple bird feeder.

Spend ten minutes watching who visits. **Questions**

Which bird arrived first?

Which bird stayed longest?



Card 11 – Winter Walk

Find...

☐ Frost

☐ Evergreen tree

☐ Holly

☐ Pine cone

☐ Animal footprints



Card 12 – Star Watch On

a clear evening...

Look up.

What can you see?

Talk about how small we are...

...and how amazing our world is.



ANY TIME OF YEAR



Card 13 – Five Senses Walk

Can you notice...



Five things you can see.



Four things you can hear.



Three things you can touch.



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👃 Two things you can smell.

❤️ One thing you're grateful for.

👉 Card 14 – Kindness Challenge

Can you...

Help someone.

Hold a gate open.

Smile at someone.

Pick up litter safely.

Say thank you.

🧑‍🌾 Kindness makes communities stronger. 🪨 Card 15 – Nature Treasure Hunt Can you find...

☐ Something smooth

☐ Something rough

☐ Something tiny

☐ Something taller than you ☐

Something older than you

☐ Something that smells nice

☐ Something colourful

☐ Something interesting

🌳 Card 16 – Sit Spot Find

one place.

Sit quietly for five minutes.

No phones. No

talking.

Just notice.

Afterwards ask

What did you hear that you didn't notice before?

📷 Card 17 – My Favourite Photograph

Take one photograph that tells the story of your adventure.

Not the perfect photograph. The

meaningful one.

What does it remind you of?

☀️ Card 18 – Weather Watcher What is the weather like today?

☀️ Sunny

☁️ Cloudy

🌧️ Rainy

❄️

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🌬️ Windy

❄️ Snowy

Then ask...

How does today's weather change the world around us?

Parent Reflection

These activities are not designed to keep children busy.

They are designed to help families reconnect.

Children often talk more when they're walking than when they're sitting face to face.

Nature slows us down.

It creates opportunities for conversation, curiosity and shared experiences.

The memories you make together will last much longer than the activity itself.

This is Sallygate

We believe that learning doesn't stop when children leave school.

Some of the most valuable lessons happen on a woodland walk, in a local park, in the garden or simply by sitting together and noticing the world around us.

Every season offers a new opportunity to explore, to wonder and to grow.

Because at Sallygate, we don't just help children discover the world around them.

We help them discover themselves. **This is Sallygate.**